

Third win for Madison in Park Run series

Corrin Leeming made it three wins out of three in the Edgewater-sponsored Park Run series at Ramsey last Friday evening.

His time of 20min 41sec for the long course was a full 90 seconds quicker than racewalker Tom Partington, with Ryan Teare - another first-timer to this summer's series - a close third.

Second best of the league regulars was Matt Callister in fourth spot.

Leading females once again were the Western trio of Dawn Atherton, Helen Taylor and Joanne Schade - Dawn in a time of 25.47 that was identical to her round two performance a fortnight earlier.

The shorter 1.7-mile event was won by Corbyn Schade in 9m 22s - strangely, also identical to round two - with Sam Perry narrowly edging out Northern AC clubmate Lucas Stennett for the runner-up spot.

Madison McMullan achieved her hat-trick in the women's class with another fine run to beat fellow under-17s Lottie Stennett and Catherine Perry in a Northern 1-2-3.

Timothy Perry won the boys' under-11 race over a single lap of the lake, his time of 4m 37s being 10s faster than Jack Bullock's. Isabella Kennaugh and Poppy Clayton were the leading girls in third and fourth.

Billy McMullan and Cameron Eyres have so far had a right ding-dong in the under-nines, Billy taking back the reins on Friday after Cameron had edged him out a fortnight earlier. The consistent Leo Woodward has been third in all three rounds to date.

Impressively, Billy's time was seven seconds quicker than u11 winner Tim Perry.

Megan Williamson chalked up her third straight win in the girls' class, fourth overall once more - but this time in her first sub five-minute time.

● The final round is on Friday, August 20.

Northern AC Park Run Series, Mooragh Park, Ramsey - Northern AC, Friday (round three):
Under-nine (1,200 metres) 1, Billy McMullan 4min 30sec; 2, Cameron Eyres 4.43; 3, Leo Woodward 4.55; 4, Megan Williamson 4.58; 5, Mollie McMullan 5.01; 6, Sienna Curphey 5.03; 7, Isabella Quayle 5.07; 8, Jackson Roberts 5.15; 9, Freddie Quayle 5.22; 10, Rory Teare 5.24; 11, Maisy-Jo Faragher 5.42; 12, Bobby Quayle 5.57; 13, Ethan Burgess 6.04; 14, Rosa Mapp 6.05; 15, Grace Kirkman 6.15. **Under-11** (1,200m) 1, Timothy Perry 4.37; 2, Jack Bullock 4.47; 3, Isabella Kennaugh 4.53; 4, Poppy Clayton 5.00; 5, Noah Kelly 5.14; 6, Faith Teare 5.26; 7, Theo Quayle 5.27; 8, Henry Kirkman 5.30; 9, Sophie Kaighin 5.32; 10, Bella Rice 5.32; 11, Fynio Corkill 5.38; 12, Graysie Blencoe 5.40; 13, George Long 5.44; 14, Oliver Kennaugh 5.45; 15, Eleanor Lyness 5.46; 16, Lillie Hope 6.05; 17,

NORTHERN AC



Madison McMullan during the 1.7-mile race Photo: Philip Crowe

Evelyn King 6.10; 18, Callum McCann 6.13; 19, Tobi Duncan 6.19; 20, Bailey McMullan 6.23; 21, Eva Scott 6.34; 22, Louisa Oates 6.43; 23, Sienna Starkey 6.57; 24, Emily Odonnell 6.58; 25, Kate Leace 6.59; 26, Aalin Forgie 7.07; 27, Emma Dorricott 7.51.

One-lap large course, under-17/junior/senior (1.7 miles) 1, Corbyn Schade 9m 22s; 2, Samuel Perry 9.34; 3, Lucas Stennett 9.35; 4, Steven Quayle 9.48; 5, Dominic Dunwell 10.09; 6, Harry Stennett 10.20; 7, Cai Lewis 10.28; 8, George Salter 10.33; 9, Samuel Corkill 10.40; 10, Madison McMullan 10.57; 11, Elliot Reynolds 11.01; 12, Zac Woodward 11.25; 13, Lottie Stennett 11.36; 14, Catherine Perry 11.48; 15, Holly Salter 12.01; 16, Lucy Ormsby 12.04; 17, Abi Clayton 12.15; 18, Fynn Bradley 12.26; 19, Ruby Reynolds 12.34; 20, Douglas Quayle 12.34; 21, Steve Oates 12.36; 22, Julie Stanfield 12.41; 23, Darcey Withington 13.00; 24, Hope Lewis 13.05; 25, Jan Lewis 13.05; 26, Becca Kelly 13.09; 27, Piper Withington 13.09; 28, Katie Lawrence 13.11; 29, Holly O'Donnell 13.17; 30, Molly Phillips 13.53; 31, Tara Scott 14.01; 32, Imogen Duncan 14.07; 33, Sarah Allen 14.13; 34, William Forgie 14.17; 35, Ariana Kerruish 14.17; 36, Emma Gelling 14.35; 37, Daisy Liddle 14.43; 38, Angie Robinson 14.50; 39, Terri Salmon 14.51; 40, Jo Hamilton 15.00; 41, Aalin Cain 15.21; 42, Eileen Clarke 15.25; 43, Grace Kelly 15.27; 44, Graham Deloaze 15.27; 45, Helen Bedford 15.31; 46, Alexis Teare 15.36; 47, Dave Cornin 15.37; 48, Feena Done 15.45; 49, Denise Gimbert 15.50; 50, Katie Blaker 16.02; 51, Paula Garland 16.05; 52, Gemma Quilliam 16.14; 53, Vicki Burgess 16.16; 54, Michelle Sherry 16.17; 55, Katharine Keenan 16.29; 56, Michael McKiernan 16.56; 57, Alan Pilling 17.02; 58, Lynn Cross 17.04; 59, Amanda Ansemmoz 17.09; 60, Diane Brown 17.11; 61, Maura Kelly 17.18; 62, Louise Jackson 17.19; 63, Mal Nicol 17.30; 64, Daisy Odonnell 17.32; 65, Denise Bridson 17.32; 66, Kerry Thompson 17.35; 67, Kelly Moore 17.48; 68, Nigel Howard 18.01; 69, Paul Laudangco 18.07; 70, Juvy Laudangco 18.08; 71, Sophie Corlett 18.16; 72, Clare Gelder 18.25; 73, Jean Young 18.26; 74, Voirey Horne 18.26; 75, Natalie Nolan 18.27; 76, Maddison Daniels 18.37; 77, Carol Roy 19.04; 78, Annabel Forgie 19.12; 79, Michael Spooner 20.32; 80, Colin Kelly 24.39; 81, Joshua Kelly 24.40; 82, Carolanne Hanley 27.12.

Three-lap junior/senior (3.7 miles) 1, Corrin Leeming 20m 41s; 2, Tom Partington 22.11; 3, Ryan Teare 22.17; 4, Matt Callister 22.33; 5, Michael Garrett 22.43; 6, Ayrton Withington 23.24; 7, Nick Ardern 24.20; 8, Peter Callin 25.09; 9, Kevin Vondy 25.46; 10, Dawn Atherton 25.47; 11, Helen Taylor 26.45; 12, Steven Quirk 27.11; 13, Joanne Schade 27.22; 14, Matthew Gold 27.32; 15, Joe Walls 27.46; 16, Mia Dunwell 27.49; 17, Kathy Lane 28.46; 18, Kevin Holmes 28.49; 19, Steve Jones 28.50; 20, Peter Cooper 29.00; 21, David Godwin 29.01; 22, Hannah Moore 29.20; 23, Alec Wooding 29.41; 24, Graham Burden 29.59; 25, Stephen Brown 30.05; 26, Paul Sayle 30.16; 27, Nicola Bowker 30.19; 28, Stephen Dorricott 30.23; 29, Berti Cain 30.27; 30, Bernard Cannon 30.30; 31, Darren Corkill 30.33; 32, John Dunwell 30.48; 33, Stephen Willmet 31.26; 34, Ann Groves 31.58; 35, Jasmine Smith-Hamer 32.03; 36, Hollie Devlin 32.08; 37, Alan Postlethwaite 32.21; 38, Sarah Corkill 32.35; 39, Marie Jackson 33.14; 40, Lawrence Dyer 33.28; 41, Helen Kee 35.16; 42, Emma Mapp 35.16; 43, Simon Holtham 36.29; 44, Rebecca Greatbatch 36.56; 45, Vicki Hargreaves 37.49; 46, Karen Gadsby 39.59. Manx Timing Solutions.

Draper and Wernham seal triathlon honours

HALF IRONMAN

CONTINUED FROM BACK

a 49-second lead for Manx Sport and Recreation over Worth a Tri in the team standings.

The cycle was dominated by one man, team rider Cameron Richardson.

Visiting the island with his fiancée, Manxwoman Becky Storrie (who he met while studying at Stirling University), the 23-year-old took the event by the scruff of the neck.

The 2017 World Junior Duathlon Champion set a time of 2hr 06min 47sec for the 56-mile course that involved two laps of the Northern Plains in a Three Legs of Man shape (including one leg out to the Point of Ayre).

Hoping to represent Scotland as a cyclist on the road and track at next year's Commonwealth Games, he was precisely 13 minutes faster than Draper in the individual event, who in turn was 56s ahead of Leeming.

Andrew Roche was third quickest in 2:21.19, hauling himself up the leaderboard after being second from last to leave the lake after the 'warm-water' swim.

This stunning ride by Richardson rocketed Carrie, Cameron and Jenna into the lead in the team event - Carrie Wernham having opened with a strong swim of 31.35 (fastest individual woman).

After the bike, she was approximately 25 minutes ahead of Nikki Arthur in the women's event, but running is definitely the latter's forte so it was still all to play for in the final leg.

The half-marathon run involved four laps of a three-mile course taking in North Shore Road, Bowring Road, North



Will Draper produced an excellent run, having led the individual event from start to finish

Photo: Philip Crowe

Shore Promenade and a novel dead turnout onto North Pier.

With the high temperatures sapping energy reserves virtually dry, maintaining hydration levels was paramount as the event neared its finale.

Here again a team competitor would set the overall pace, this time with Christian Varley pulling Super Vet & Sons up the order to second place in the final standings behind Manx Sport and Recreation, who had Andy Nash on the final leg.

Varley's time for the half was 1hr 14m 59s, a mere 15s faster than Nash, but Draper did extraordinarily well to get within 20-odd seconds of both men with his amazing time of 1:15.22.

Nikki Arthur was eighth quickest overall, best female by four clear minutes from team runner Becky Pate.

Individual leader Wernham pulled out all the stops to get round in 1:45.4.13, limiting the damage on Arthur to defend her lead and seal victory by 8m 23s.

With Leeming out of his comfort zone at half-marathon distance, his run was 17m 13s slower than Draper's, equating to an overall winning margin for the latter of 20m 53s.

George Blackwell and Nigel Quayle had a good battle for third place until the end, with Quayle's superior run deciding it in his favour by almost three minutes.

'It was a good race, very

well organised,' said overall winner Draper. 'I executed the race with a steadier swim and bike, and focused on the run as I didn't want another full attempt at a middle-distance race in the system as they do take a lot out of you.'

'Corrin [Leeming] stayed well within touch on the swim and bike but unfortunately learnt the hard way that a middle-distance triathlon doesn't start until halfway through the run!'

Women's race winner Wernham agreed: 'It was a fantastic event. Totally loved the course.'

'My race strategy went to



Nikki Arthur produced a superb run on the final leg of the triathlon, but it was not enough to deny Carrie Wernham the honours

Photo: Philip Crowe



Cameron Richardson removes the timing chip from Carrie Wernham's ankle before setting off on a storming bike 56-mile ride round the north

Team race goes to the wire

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tally to plan, if not better. The swim especially.

'I genuinely thought I had messed it up when some strong male swimmers were overtaking me on the bike. But I stuck to my power and nutrition strategy on that leg and when I got to the run I just kept steady and used the water stations as much as I could.

'The heat probably cost me around five minutes on the run, but everyone suffered.

'I am in total shock with my time. It was my first 70.3 and was aiming for a sub-six hour with hopes to dip under 5:30. I am totally buzzing.'

The winning team consisted of Laura Kinley, Gianni Epifani and Andy Nash. The first all-female team was Tri-Chicks - Katie Blaker, Emily Looker and Rebekah Pate.



Ostensibly a cyclist, Corrin Leeming has been making a name for himself as a runner this year. He was second in the mid-distance triathlon but struggled on the final half-marathon run. It was a few miles too far Photo: Philip Crowe

Manx Middle-Distance Triathlon, Manx Tri Club, Sunday, Ramsey - sponsored by Microgaming Play It Forward:

Solo triathlon: 1, Will Draper total time 4hr 06min 18sec; 2, Corrin Leeming 4:27:11; 3, Nigel Quayle 4:38:01; 4, George Blackwell 4:40:59; 5, John Barrett 4:47:02; 6, Chris Hewson 4:48:17; 7, Ryan Downey 4:57:41; 8, Ian Rowley 4:58:59; 9, Jonny Killey 5:00:54; 10, Andrew Roche 5:02:12; 11, Kristian King 5:03:36; 12, Nick Ardern 5:06:07; 13, Chris Reynolds 5:07:47; 14, Tufty Nash 5:09:30; 15, Carrie Wernham 5:15:25; 16, Nikki Arthur 5:23:48; 17, Richard George 5:26:41; 18, Phil Littlejohns 5:27:16; 19, Carly Craig 5:36:00; 20, Sam Quillash 5:36:41; 21, Mario Ricciardi 5:39:27; 22, Connor Sullivan 5:40:43; 23, Martyn Edwards 5:41:07; 24, Steve Kelly 5:41:50; 25, Oliver O'Meara 5:42:01; 26, Duncan Mackay 5:42:20; 27, Alison King 5:46:46; 28, Tim Groves 5:51:23; 29, Jon Crossley 5:58:30; 30, Christopher Mallon 6:00:57; 31, Steve Christie 6:01:26; 32, Stu Gell 6:01:55; 33, Dave Thomas 6:04:23; 34, Maggie Watkins 6:06:24; 35, Ross Charman 6:10:32; 36, Peter Corrin 6:10:37; 37, Caroline Moran 6:11:02; 38, Brent Thomas 6:11:02; 39, Nikki Sharpe 6:11:35; 40, Gareth Craig 6:11:48; 41, Karl Moore 6:18:54; 42, Mike Hayler 6:21:01; 43, Leigh Kennaugh 6:23:23; 44, Lucy O'Toole 6:26:06; 45, Alex Mailey 6:26:59; 46, Fiona Gell 6:28:25; 47, Chris Quayle 6:32:15; 48, Beverley Broderick 6:34:11; 49, Janette Morgan 6:41:51; 50, Kate Tebay 6:48:01; 51, Lucy Connors 6:49:35; 52, Melanie Williamson 6:53:10; 53, Dan Jespersen 7:03:02; 54, Nigel Hendy 7:14:09; 55, Caitlin

Gelder 7:22:12; 56, Janelle Quayle 7:27:36.

Team Triathlon: 1, Manx Sport and Recreation (Laura Kinley/ Gianni Epifani/ Andy Nash) combined time 4hr 14m 20s; 2, Super Vet & Sons (Mark Varley/ Tony Varley/ Christian Varley) 4:32:40; 3, Carrie, Cameron & Jenna (Carrie Wernham/ Cameron Richardson/ Jenna Singer) 4:33:03; 4, The Muppets (Jonathan/ Trevor Kirkwood/ Neil Brogan) 4:36:39; 5, Henry Roys (Aaron Walshe/ Phil Knox/ Mark O'Neill) 4:51:27; 6, Tri-Chicks (Katie Blaker/ Emily Looker/ Rebekah Pate) 4:54:44; 7, Worth a Tri (James Wright/ Michael Bonser/ Chris Killey) 5:01:03; 8, TriDels (Glenn Delaney/ Alex Delaney/ Jamie Delaney) 5:08:19; 9, Amber Gaming (Jade Zorab/ James Lees/ Phil Caine) 5:14:48; 10, Horses for courses (Rachel Quayle/ Damien O'Toole/ Ali Stennett) 5:16:13; 11, The No Name Team (Alan Jones/ Martin Hall/ Kerry Jones) 5:16:42; 12, Gemini 159 (Shirley Coop/ Jo Hawkins/ Helen Taylor) 5:20:05; 13, Team PCW Givin' it a Tri (India Halsall/ Claire Morris/ Dawn Atherton) 5:34:48; 14, Gruesome Twosome (Sarah Treval/ Jake Subachus/ Sarah Treval) 5:38:17; 15, Three legs of Tri (Steve Oates/ Michael Valerga/ Katie Lawrence) 5:45:19; 16, Charl n' Matt (Charlotte Sugden/ Charlotte Sugden/ Matt Callister) 5:48:03; 17, Splash-Flash-Dash (Sue Powell/ Niamh Goddard/ Dawn Yates) 5:50:32; 18, 3 Abreast (Lisa Motley/ Graham Burden/ David Webb) 5:52:44; 19, Team JCB (Jill Condon/ Joanne Christian/ Rebecca Harding) 6:04:24; 20, Watts Up Performance (Kate Priest/ Leanne Harper/ Vicki Rawlinson) 6:28:11; 21, Must Tri Harder (Claire Singleton/ Erin Cregeen- Watson/ Alice Oakes) 6:45:13. Manx Timing Solutions



Super Vet & Sons (aka Team Varley) finished runner-up in the team contest of Sunday's Half Ironman triathlon. Mark (left) swam, father Tony cycled and Christian ran. Also pictured is Christian's daughter Halle (left), Mark's son Thomlyn, with cousins Elsie Bowden and Loxley Cannell. Mark, Tony and Christian were the first all-male team home Photo: Philip Crowe

Ray Pitts tackles Bob Baxter round

Former leading Parish Walker Ray Pitts is to attempt the Bob Baxter round this Sunday, weather permitting.

He will be making an early start from Laxey (around sunrise) and estimates his total time to be in the region of 15 to 18 hours.

He would welcome any help from fellow runners who may wish to join him on parts of the route.

His mobile number is

47113 - any assistance would be appreciated.

The Bob Baxter round involves no fewer than 37 summits over 1,000ft for a grand total of more than 11,000ft of elevation in one day.

Ray says it is a new start on the fells for him after many successful years doing the Parish Walk: 'There is no bigger challenge than the Bob Baxter for a 69-year-old veteran.'

Close finish to Vet's Mile

There was a thrilling finish to the Isle of Man Veteran Athletes' Club's track mile on a warm summer's evening last week.

Seven took to the track and all finished below the seven-minute mark.

Ultra-distance runner Ben Scott crossed the finish line in a time of 5min 4.6sec, a mere 0.2 of a second ahead of Paul Rodgers in a sprint finish.

Peter Callin was third in 5m 30.5s, ahead of the first female Caroline Mayers in 5m 48.1s.

Next was Gail Sheeley [formerly Griffiths], followed by another close finish between Robbie Lambie and Steve Wilmott in sixth and seventh 1.5s apart.

Result, Vets Mile: 1, Ben Scott 5min 04.6sec; 2, Paul Rodgers 5:04.8; 3, Peter Callin 5:30.5; 4, Caroline Mayers 5:48.1; 5, Gail Sheeley 6:14.3; 6, Robbie Lambie 6:57.8; 7, Steve Wilmott 6:59.3.



Ben Scott out-sprinted Paul Rodgers by one tenth of a second to win the Veteran's Mile last week Photo: Clive Dugdale

Tom wins 10km road walking championship

WALK/RUN

by Bridget Kaneen

Manx Harriers organised the Isle of Man 10km road walking championships and development walks, along with a 5km road run over the National Sports Centre roadway last week.

Despite fine weather, with only the lightest of breezes, entry numbers were disappointing for the 10km championships with only 11 starting.

Tom Partington made his intentions clear at the start of the race and was soon clear, taking the victory in a time of 45min 43sec.

A late disqualification for Gianni Epifani with one lap to go, and a retirement from Adam Cowin, left Stuart Jones racing into second place after overtaking leading female, junior Mia Dunwell, who was equally comfortable in taking the women's title.

The evergreen Marie Jackson was second female across the line with a sizeable four-minute cushion from Louise Hollings who took the final podium place after she eased away from Nicola Raven in the final few laps.

Over-65 Ian Callister picked up third male.

Seven young juniors lined up in the 1km development event. Lilee Fletcher walked with great style and recorded a fast 6m 15s to finish first.

Fyn Gleave was first boy in a close battle with Harri Swales, who also both finished well inside the seven-minute mark.

All the juniors acquitted themselves well, walking with great technique.

The 5km run was similar to last year, a high-quality event in terms of performance, with 31 of the 44 athletes recording a time under 20 minutes for the distance and more personal bests than you could shake a stick at.

The top two male athletes broke 16 minutes with Andy Nash winning overall with a personal best of 15.45.

Andrew Barron, in second, narrowly squeezed under 16 minutes with 15.59. It was very close for third, but Alex Bell just eased away from George Dickinson, both also recording lifetime bests in 16.18 and 16.29 respectively.

Next to finish was under-15 Corbyn Schade who put on an impressive display with 16.51 (another PB).

Paul Sykes, in 16.52, was the meat in the junior sandwich with another u15 Lucas Stennett next to finish,

narrowly getting the better of Parish Walk winner Paul Atherton with 16.57 and 16.58 respectively - personal bests for both.

Top female was Sarah Webster, usually happier running over the half-marathon and marathon distances, recording a lifetime best in 17.48.

Elissa Morris also made a successful return to racing after suffering from a bout of glandular fever earlier this year. She recorded a lifetime best of 18.26 for second place.

Third female was Caroline Mayers, in turn with comfortable one minute margin from fourth-placed Laura Dickinson.

This race had a really good buzz about it - with so many more athletes than can be mentioned throughout the field recording lifetime bests, it proves again what a fast course the perimeter roadway is (in favourable conditions).

● Thanks to all those who gave the club their assistance and help in putting on the event both in advance and on the night itself.

10km walk championships, Manx Harriers, NSC, Wednesday, July 14:

1, Tom Partington (Manx Harriers) 45min 43sec; 2, Stuart Jones (MH) 57:42; 3, Mia Dunwell (Northern AC) 59:20; 4, Marie Jackson (MH) 62:00; 5, Louise Hollings (MH) 66:22; 6, Nicola Raven (MH) 66:43; 7, Maurs Kelly (NAC) 69:33; 8, Ian Callister (MH) 73:34; 9, Gordon Erskine (Unattached) 76:16; 10, Gianni Epifani (MH), DNS - Adam Cowin (MH).

1km development walk: 1, Lilee Fletcher (Manx Harriers) 6m 15s; 2, Fyn Gleave (MH) 6:46; 3, Harri Swales (NAC) 6:50; 4, Noah Sykes (MH) 7:22; 5, Jay-Jay Fletcher (MH) 7:38; 6, Theo Sykes (MH) 9:43; 7, Georgia Venables (Unattached) 10:35.

5km run: 1, Andy Nash (Manx Fell Runners) 15min 43sec; 2, Andy Barron (Unattached) 15:59; 3, Alex Bell (MH) 16:18; 4, George Dickinson (MH) 16:29; 5, Corbyn Schade (Western AC) 16:51; 6, Paul Sykes (MFR) 16:52; 7, Lucas Stennett (Northern AC) 16:57; 8, Paul Atherton (WAC) 16:58; 9, Ian Goatman (MFR) 17:07; 10, Matt Callister (MFR) 17:12; 11, Steven Quayle (WAC) 17:14; 12, Daniel Pownall (MH) 17:23; 13, Charlie Swales (NAC) 17:35; 14, Neil Brogan (MFR) 17:39; 15, Sarah Webster (NAC) 17:48; 16, Ayrton Wittington (MFR) 17:49; 17, Jack Freeman (MFR) 18:06; 18, Martin Moore (U/t) 18:15; 19, Elissa Morris (MH) 18:26; 20, Paul Rodgers (MH) 18:27; 21, Tim Quayle (U/t) 18:35; 22, Chris Killey (MH) 18:42; 23, Jamie Hayes (MH) 18:45; 24, Adam Fretwell (MFR) 18:48; 25, Ryan Watterson (U/t) 18:51; 26, Dominic Dunwell (NAC) 18:57; 27, Andrew Falconer (MH) 19:08; 28, Michael Devereau (U/t) 19:24; 29, Caroline Mayers (MH) 19:25; 30, Domenico Galante (MFR) 19:41; 31, Kevin Vondy (NAC) 19:55; 32, Laura Dickinson (MH) 20:25; 33, Helen Taylor (WAC) 20:47; 34, Joanne Schade (WAC) 20:50; 35, Neil Kane (MH) 21:18; 36, Lee Cooke (U/t) 21:34; 37, Julie Harrison (U/t) 21:39; 38, Darcey Wittington (MFR) 23:43; 39, Lawrence Dyer (NAC) 24:12; 40, John Dunwell (NAC) 24:20; 41, Kerry Jones (U/t) 24:39; 42, Angie Robinson (MH) 25:47; 43, Rebecca Greatbatch (MFR) 29:34; 44, Karen Gadsby (WAC) 30:39.

SPORT

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Action-packed race meeting at Jurby

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Brailsford: 'Cav has proven he's the greatest of all time'

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Ana leads the way in women's golf qualifiers

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Carrie Wernham on the final leg of Sunday's inaugural local Half Ironman. The Island Games triathlete from Peel won the women's race in fine style, while Will Draper (inset) took the men's honours Photos: Philip Crowe



Half Ironman proves a sizzling success

On one of the hottest days of the year, 100 local sportsmen and women tackled one of the toughest events on Manx soil for some time on Sunday. The inaugural Manx Middle Distance Triathlon (Half Ironman) involved a total distance of 70.3 miles in the north of the island.

TRIATHLON

by John Watterson

Supported by Microgaming, and raising funds for Manx Tri Club's nominated charity for 2021, Hospice Isle of Man, the event proved highly successful.

It started at 7am sharp with a 1.9-kilometre swim (1.18 miles) in Mooragh Lake, followed by a 90km undulating bike ride (56 miles), and concluding with a 21.1km run (13.1 miles) round the park and North Pier area.

Draper was third out of the water behind team swimmers Laura Kinley and James

Wright, opening up an initial lead of 36 seconds over next individual Corrin Leeming, with Nigel Quayle and Chris Hewson also under 30 minutes for the swim.

Commonwealth Games regular Kinley completed the distance in 27m 22s to open up

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Gandy returns to form in the Alps on the Challenge Tour

Tom Gandy, emphatically put an indifferent few months firmly behind him with an excellent finish in the Challenge Tour's Euram Open last weekend.

Held in the picturesque mountains of Austria, the event saw the Rowany star record his first top-10 result of 2021.

It had been a slow couple of months for the Manxman following his career-best finish on the full European Tour in Tenerife in early May.

But the combination of a refreshing break back at home in the island, and the recent accolade of winning the 2020 Isle of Man Sportsman of the Year award, contributed to a big uptick in form.

Despite play being interrupted on a number of the days by heavy rain and thunderstorms, the 29-year-old kept both his focus and his form, putting together excellent rounds of 65, 67, 69, 66 for a 13-under-par total and a tie for eighth place.

He even managed to plant the Manx flag atop of the leaderboard for an hour or so on day two, as he set the pace among the early starters.

In another milestone, this finish sees him break into the top 1,000 golfers in the world for the first

GOLF

time according to the Official World Golf Rankings - a great achievement.

This week sees Tom return to action on the full European Tour, as he tees it up at the Celtic Manor resort in Newport for the Cazoo Open.

With an increased prize fund - and more ranking points on offer - Tom will be hoping for a repeat performance to take him to the end of this mini-run of events before he takes another well-earned break at home.

With the stern test posed by the Celtic Manor course, another four sub-70 rounds should again see the Isle of Man flag flying at the right end of the leaderboard.



Tom Gandy in action at the Euram Open Photo: Charlotte Pearce

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